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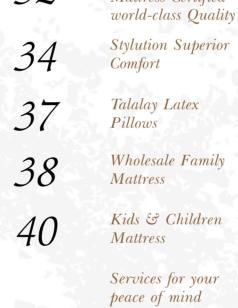
## Innovative Healthy Bedding Solutions

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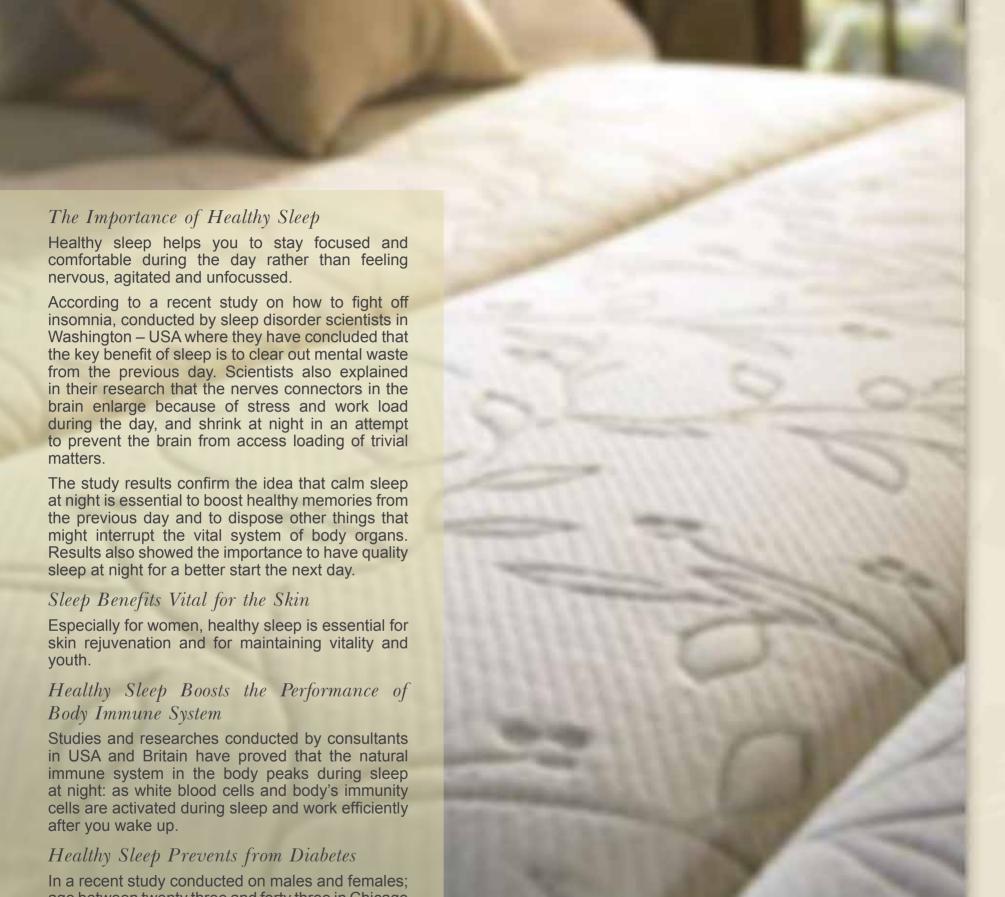






American Mattress Tips for a Better Healthy Sleep in cooperation with International Sleep Disturbance Experts

- You should have a good mattress that is ideal for your body weight, your lifestyle and your usual daily activities of work and other chores.
- Make your bedroom sleep friendly; that is quiet and comfortable.
- Avoid consuming stimulants such as tea, coffee or any caffeine beverages.
- Avoid smoking at least one hour before bedtime, because nicotine is a stimulant that will disturb your sleep.
- Avoid eating fatty or heavy meals, two to three hours before your sleep. Eating a light healthy snack is considered your best option before sleep.
- Get regular exercise during the day, as this will help you sleep better, but avoid working out before your sleep time.
- Avoid long naps during the day, as this might disturb your sleep during the night.
- Create a relaxing bedtime routine; avoid any topics or activities that might trigger stressful feelings.
- When it's time to sleep, make sure the room is dark; as the section in your brain responsible for sleep is close to your optical nerve, therefore the darker it is, the better you'll sleep.
- Having a glass of warm milk before bedtime will raise the level of tryptophan enzyme that will naturally help you relax and sleep.
- If you are suffering from insomnia, do a simple activity, and then try to get back to sleep.



In a recent study conducted on males and females; age between twenty three and forty three in Chicago – USA, where they monitored insulin resistance, it was shown that the percentage of the hormone that regulates the sugar reactions in blood increased by 40% when the individuals enjoy deep sleep for 5 hours in the night.



#### How to buy your Mattress from American Mattress

- We carefully select the mattress that attunes to your body needs and your daily lifestyle, therefore we ask you to test more than one mattress by lying down on it for at least 15 minutes, and experience many different levels of support and comfort for the shoulders, spine, lower back and pelvis which are available through our displayed collection.
- We advise you to try the mattress with your spouse to ensure that tossing and turning will not disturb either of you while changing your position on the mattress.
- American Mattress offers you an array of different levels of firmness; from plush to firm. For you to discover which level is suitable for your body, you need to know your weight and height, body contour, the physical shape of your back, your daily lifestyle, the nature of your work and your usual daily activities.
- The new XSENSOR Technology is a testimonial of the company's commitment to introduce the latest technologies to help customers select a better mattress for their unique body types and sleeping preferences.
- XSENSOR provides customers with full-body 3D pressure mapping imaging to help demonstrate pressure relief and comfort to customers as per their individual body shape and contour.







## The Support which you Don't See But You Can Feel

All Kluft mattresses come with superior unique engineering, that is nested deep inside the mattress; from patent design to stitching style and fine upholstery topped with layers of natural raw material and lush tufting allowing superior conforming to your body easing the body pressure points and providing a superior sleeping experience







Pocketed individual coils inside the mattress which provide you with the perfect support and comfort

## Royal Sovereign Models from Kluft



Prelude T.T



Soft Minuet E.T



Sonata T.1



Overture E.7





## Aireloom

the handcrafted Luxury mattress created with craftsmanship and care conforms to your body needs with balanced support

From unique design process where each mattress is thoughtfully and carefully created, to the finest raw material all intelligently combined to provide you with unprecedented support and comfort.

#### Unique Support System

Layers and layers of natural comfort combined with individual pocketed coils to provide your body with unique balanced support and the sensational feeling of natural, luxurious anti bacterial fabric.





Aireloom Hybrid Collection is available in three levels of multiple layers of comfort Tight Top, Euro Top, Pillow Top

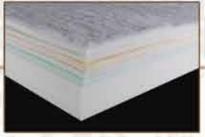


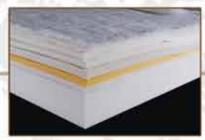
Natural Bamboo
Hybrid

Organic Cotton
Hybrid



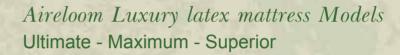






#### Aireloom Luxury Latex Mattress Features

- Surrounds your body with the ultimate soft luxury and comfort throughout your sleep.
- Its 100% natural material is healthy and safe for the individuals suffering from respiratory system allergies.
- Body pressure relieving construction more than any other mattress in its segment.

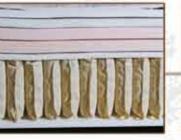
















The components inside the mattress and layers of natural comfort

## Aireloom. HALSTEAD

Support and Comfort in more ways than one



Natural raw material that attunes to your body needs during sleep and eases pressure and muscle tension Made in USA

## Aireloom. HALSTEAD Pillow Top

of the mattress









Sleep Well

Natura Patented dual Slat technology

Pure Organic wool

100% premium quality natural latex, hypoallergenic, resistant to common allergens such as dust-mites, mold and mildew

 Dual Slat from Natural, untreated maple conforms perfectly to each individual body shape, providing cushioning support for sensitive pressure points

→ Innovative Solid wood base

Be the change you want to see in the world Green up your lifestyle...

Green..

mica bhowill

## Enjoy Serene Comfortable Sleep Natura Pure Organic Pillows





Relaxes muscles, buffers pressure points and helps you get the rest you need With oriental scents inspired by nature

#### **Organic Latex Pillow**

100 % Latex pillow, naturally hypoallergenic and antimicrobial. Provides you with superior support for your head and neck

#### **Perfect Pillow**

100% latex Talalay, cushions and supports, adjusting to the contours of your neck and spine for tension-free sleep.

#### **Aloe Dream Mate**

Granulated 100 % natural latex fill provides a feather-down feel in a hypoallergenic pillow. Cover made from natural cotton, aloe and silk.

#### Lavender Pillow

Dual sided core: granulated latex and solid latex.

Lavender enriched cotton blend cover helps to enjoy serene sleep.

#### **Luscious Pillow**

Memory foam pillow, cushions head and neck muscles for healthy spinal alignment. Enjoy weightless feel for tension free sleep.

#### **Ylang Ylang Pillow**

Pillow with pure virgin wool, which wicks away excess moisture and creates a fresh, dry sleep environment; providing you with superior support and the gentle soothing of Ylang Ylang scent.

#### **Cloud Pillow**

100% Natural wool covered with natural cotton; provides proper head and neck support for tension-free comfort. Helps you get a quiet good night sleep.

See the complete collection in our stores

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## Organic Bedding Collection, sheets, toppers and comforters 100% Natural from Natura

Available in a variety of models attuned to your individual needs

- Aloe Comforter: relaxes and relieves muscle tension.
- All Season Comforter: regulates temperature, provides you with ideal temperature in summer and winter.
- Comforter Classic: (for winter) provides you with the warmth you need.
  Comforter Classic: (for summer), refreshing cool, provides luxurious comfort with 100% certified organic cotton and wool, prevents heat that causes night sweating.
- Comforter Classic: Cotton, a new feeling of softness, surrounds your body with the gentleness of untreated natural organic cotton.

#### **Organic Natura Sheets Set**

Indulge in the luxurious feel of 300 thread count certified 100% organic cotton.
Includes fitted sheet, flat sheet and 1 pillow case. Guarantees a breathing environment, free of off-gassing and harmful chemicals. Provides the exceptional comfort and quiet sleep.

## Natura Organic Accessories

Heartwarming Comfort and Tranquility

#### **Natura Protect Odor Remover Spray**

Enjoy the atmosphere of pure nature with the fresh, light scent of green tea. This gently scented green tea spray halts the growth of bacterial contaminants for a home that smells pure and clean – not artificially freshened. Eliminate the growth of odor causing bacteria and ensure a safe and healthy clean home free from harmful chemicals.

#### **NaturaClean Spray**

Cleaning stains on your sofa or mattress is not a problem anymore. This amazing handy spray utilizes natural enzymes work to eliminate stains and odor efficiently and ensure a safe and healthy clean home filled with light fresh breeze. It is healthy and free from harmful chemicals.

#### **NaturaClean Baby Spray**

Purifies for baby to keep it safe and healthy. NaturaClean Baby Spray's natural enzymes

eliminate contaminants and protect baby's precious belongings from stains and odors. Freshening for baby has never been easier.



Rejuvenate with the fresh, revitalizing scent of Natura RegrooveN8 Mist. A quick spray of this delicious green tea and aloe fragrances lulls you to blissful relaxation. Safely mists both your body and your home with luscious, exotic eco-friendly fragrance of green tea.

#### **Bath Robe**

Invites indulgence in languid, blissful mornings and leisurely romantic evenings. Natura robe wraps you up in the delicious luxury of wafflestyle, cotton blend fabric – with eco-friendly style.









A true statement of our commitment to provide you with healthy green eco friendly products







Natura Organic 100% Natural for Your Baby Cuddle your Baby with the Goodness of Nature

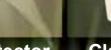
#### Gently Caress Your Baby with Healthy Clean and Safe Products

- All Natura products are free from harmful chemicals that irritate baby's sensitive skin.
- Hypoallergenic therefore does not cause respiratory system allergy.
- Halts the growth of bacteria, mold and mildew by keeping bedding dry and contaminant free.
- Gently surrounds the baby with balanced support that will help him fall asleep faster and stay asleep longer.

## Getting ready for the big day! Natura all Natural Bedding and mattress collection helps you prepare a healthy safe room for your newly Born Baby

- Baby crib made from natural wood
- Organic crib Mattress
- Crib Protector naturally stops soils and spills from seeping into baby's crib mattress core where it can't be cleaned
- Crib Bumper Pad
- Crib Skirt sold as one piece or as an elegant baby set of 3 or 4







**Classic Crib Comforter** 

Classic Crib Protector

**Classic Crib Sheet 3** 











#### Latex Mattress Features

Our 100% natural Latex mattress is a unique model of pores on both sides and surfaces of the mattress form a comforting zone around the contours of your body while providing enough firmness and softness so you may enjoy the best possible comfortable sleep. Healthy as it naturally ventilates and disposes humidity and liquids from body secretion at night during sleep.

- 100% pure natural latex
- Tested by Kuwait Institute for scientific research (KISR)- Central Lab- Kuwait
- Tested by Kuwait Fire Service Directorate - Kuwait
- Hypoallergenic and naturally resistant to mold, mildew and bacteria
- Natural ventilation and humidity regulation
- Durable, elastic with superior pressure-relieving comfort.

A Variety of Mattresses Latex 100% Natural Amenities that Suit the Needs of your Body















Good Night's Sleep Naturally More Pressure Relieving.. More Comfort

Maintain a consistent body temperature throughout the night while experiencing the comfort, pressure relief up to 97% and health benefits of RejuveNite Pillows made of natural Talalay latex.

Relieves muscle stiffness as it conforms to the way your head and neck rest, providing you with the proper orthopedic support.

It keeps you from tossing and turning so much at night, so you wake up refreshed.

Choosing the right latex pillow and mattress will help you get the optimal support you need for your whole body.





## Puberty and Youth Mattress

Healthy and attunes to your kids' body needs during growth years to ensure optimum alignment of the spine and Posture

American Mattress
 mattresses are carefully
 and thoughtfully
 manufactured to provide
 the proper support for
 the spine, back, neck
 and shoulders during
 sleep.

Using less quality materials in manufacturing the mattress will result in lumps and irregularities on the surface especially on heavy pressure points, which will result in poor support and will reflect negatively on the spine and long term health.

 Certified specifications from Orthopedic Centers in USA



Using the right mattress maintains proper spinal alingment during growth years







### We Guarantee the Quality of Our Products

Exchange Warranty Service



When you buy any Kluft, Aireloom, Aristocrat, Stylution, Natura or Latex mattress, you will receive Mattress quality Warranty from mattress manufacturer, in addition to 3 years or less Exchange Warranty from American Mattress Company; easy terms and conditions apply.

















Excellent Customer Service



Our sales staff are a team of professionals specialized and trained to furnish you with consultation and continuous assistance on the features and technologies available for you in every mattress on our showroom floor that best suits your individual body needs.

After Sales Service



Our customer relations management and consultations brings to you a wealth of knowledge and professional advice from distinguished international experts in sleep disturbances.

Warehouse



Our warehouse facility is in total conformity with international industry standards to ensure mattress quality and hygiene. Warehouse Management System optimizes processes and secures seamless supply chain logistics.

Delivery and Installation Free



Credit Facility







#### State of Kuwait

#### **American Mattress Mall Luxury You Deserve**

Shuwaikh - Future Zone - KFTZ Al-Ghazaly Bridge Extension - Behind Kuwait University Tel: 24610300/1/2 - Fax: 24610303

#### American Mattress - Kids Mattress

Shuwaikh Industrial (2) - Rd10 Beside Audi Cars Showroom Creative / Design Center Tel: 22263535 - Fax: 22263536

#### Good Night By American Mattress

Old Shuwaikh - Pepsi St. - Behind Al Sayer (New Lexus Showroom) Tel: 22276822 / 22276833 Fax: 22276844

#### **American Mattress - Latex Showroom Hawally - Natural Healthy Sleep**

Hawally - Tunis St. Tel: 22659469 - Fax: 22659468

#### American Mattress - Wholesale Healthy Sleep

South Farwaniya - Dhajeej - Boland Complex Tel: 24340418 - Fax: 24342358



#### www.americanmattress.com.kw

#### Saudi Arabia Kingdom

Riyadh City - AL Sulaimania District Alorouba St. - On King Abdulaziz Rd Bldg No. 472 - Showroom No. 1-2 Tel: +9661 4162509 / +9661 4631983

Fax: +9661 4632144

Al-Khobar - Faisal Bin Abdulaziz Road Al-Cornish Area

Tel: +9663 8596497 - Fax: +9663 8596498

#### **Arab Republic of Egypt**

#### Main Showroom: Al-Baron Center

Ring Road - Al-Qatameya - New Cairo City Opps. Carrefour Maadi, Egypt Tel: +20 1116111347

#### Downtown Mall - Al-Tagamoa Al-Khamis

First floor, Building S1 - Showroom 11 - Road 90 5th District (Al-Tagamoa Al-Khamis) - New Cairo City Tel: +20 23146211 / 1116111345 Fax: +20 23146212

#### Qatar

Barwa Commercial Center - Abu Hamour St. Doha, Qatar Tel: +974 44327799 - Fax: +974 44426699

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